

Uta Landy Complex Family Planning Scholars

2026 Request for proposals

Purpose

Complex family planning subspecialists, with their focus on providing care for people with complex abortion and contraception needs, are well-positioned to produce abortion and contraception research that ultimately shapes clinical practice and medical education. As members of a subspecialty, they hold the potential to leverage the resources of academic medicine in service of research primed for impact.

As one of its core strategies, the Society of Family Planning seeks to convene a diverse, equitable, inclusive, and multidisciplinary community of all engaged in the science and medicine of abortion and contraception. Providing early-career research support to fellows currently training in complex family planning is an important step toward actualizing this strategy. The purpose of this funding opportunity is to support fellows currently in training at Accreditation Council for Graduate Medical Education (ACGME) accredited Complex Family Planning sites in developing independent research portfolios. The grant deliverable is the completion of a publishable scholarly research project.

The deadline for proposals is March 2, 2026 at 8:59 pm PT/11:59 pm ET. Awards will be announced in April and funds will be available for use with proof of IRB approval or exemption.



Research focus

The Society invites research proposals centered on improving clinical effectiveness, safety, and/or quality of complex abortion and contraception care in the US. Projects that leverage the unique strength of the academic medicine setting are strongly encouraged. When developing a research project, applicants are encouraged to reference the American Board of Obstetrics and Gynecology's (ABOG) [Thesis Preparation Guidelines for all ABOG Subspecialties](#).

Proposals must be positioned to produce empirical evidence with a clear, concrete, and strategic path to changes in clinical practice, medical education, or health services delivery. In addition, recognizing that institutionalized racism, both past and present, has hindered the full participation of people of color in science and medicine, the Society aims to support the full range of individuals advancing the science and medicine of abortion and contraception, in alignment with our [Diversity, Equity, and Inclusion Vision](#). We actively seek to fund scholars who reflect on the relationship between their identities and lived experiences and the proposed project.

Eligibility

Grants will be made to organizations on behalf of a named Principal Investigator (PI). A PI need not be a current Society member in order to apply. Grants are limited, without exception, to tax-exempt organizations.

These grants are open to scholars who:

- Are in a Complex Family Planning Fellowship at an ACGME-accredited site at the time of application; and
- Are proposing a research project centered on improving clinical effectiveness, safety, and/or quality of complex abortion and contraception care in the US.



Funds and duration

The maximum grant award is \$7,500. Funds may be used to support expenses that are directly related to research (eg, statistical support, translation services, equipment, participant reimbursement, and travel directly associated with conducting research). No indirect costs are permitted for this award. The duration of the award period is 12 months. Funds will be available for immediate use, contingent on receipt of a signed award agreement and documentation of IRB approval or exemption for project activities. Up to 20% of the requested award amount may be used as stipends to support time or to present findings at an academic conference. We encourage scholars to submit their work for presentation at a broad array of conferences. We anticipate supporting up to ten scholars via this funding opportunity.

Review process

All proposals will undergo peer review using specific criteria. The goal of peer review is to make recommendations for enhancing the research proposal and to identify the proposals with the greatest potential impact. The funder of these awards may also be involved in the selection process, helping ensure that the research funded by the Society is one of many strategic components working together to strengthen the family planning sector.

**Application submission opens on
January 13, 2026
and closes March 2, 2026**



Review criteria

All eligible proposals will be reviewed according to the following criteria. For more information about the review process, please see the proposal [review guide](https://bit.ly/4qso3Y6): <https://bit.ly/4qso3Y6>.

Research project (40%)

- Is the research positioned to improve the clinical effectiveness, safety, and/or quality of complex abortion and contraception care in the US? What is the need for this research and why is it important?
- Are the research questions aligned with the project's scope and purpose?
- Are the proposed methods appropriate to answer the research questions in a rigorous and scientifically sound way?
- Is the study population well-justified and appropriate to answer the research questions?
- Has the applicant identified the target audience, and do they have a feasible plan for disseminating the findings? Will the target audience use or benefit from the findings in a meaningful way?
- Does the proposed project align with the resources and oversight available at the Complex Family Planning Fellowship site?

Positionality (20%)

- Does the applicant thoughtfully reflect on how their race and ethnicity, and other relevant identities and lived experiences, influence the proposed project's design, feasibility, and impact?

Expertise (20%)

- Do the applicant's skills, background, perspectives, and/or lived experience provide a sound foundation for carrying out the proposed research while continuing their development as a trainee?

Future contributions (20%)

- Does the applicant articulate a compelling vision for their contributions to complex abortion and contraception research, and how this funding opportunity is important to realizing that vision?

Proposal instructions

1. Online application form:

Includes contact and demographic information for the applicant, institution, and parties responsible for accounts payable and grants management if the project is funded. The application form is linked [here](#), and on page 7.

2. Summary (250 words):

Provide a brief summary of the proposed project. This information may be used in our newsletter and website, as well as for other educational and promotional purposes, should the application be funded.

3. Proposal narrative (7 pages):

All proposals should include:

Background: Describe the issue and justify how the proposed research project will advance knowledge that will improve clinical effectiveness, safety, and/or quality of complex abortion and contraception care in the US.

Research question(s): Include the question(s) that will be answered through the proposed project.

Methods: Describe the research methods that will be used to answer the research question(s).

Study population: Describe the specific study population. The study population must align with the research question(s) and be specifically defined and justified.

Use of research results: Narrate the intended audience(s) with whom you plan to share your research findings, the actions you would like them to take in response to your findings, and the desired outcomes.

Timeline: Describe the timeline for conducting research activities. Data analysis must be feasible to complete within 12 months of receiving the award.

Feasibility: Describe the resources and oversight available at your Fellowship site, as well as potential pitfalls to the proposed project and timeline, and how they will be addressed.

Positionality: Describe how your racial and ethnic identities, alongside other relevant identities and lived experiences, influence the proposed project. Explain how these identities and experiences shape the proposed project's design, feasibility, and impact. Please refer to these [recommendations](#) for information about positionality.

Expertise: Describe your expertise, specifying the skills, background, perspectives, and/or lived experience that you bring to the proposed research.

References: Works cited should be listed as an appendix to the proposal; the reference page is not included in the 7 pages of the proposal narrative.



Proposal instructions (continued)

4. Future contributions (1 page):

Describe your long-term vision for your career contributions to complex abortion and contraception research. Explain how this funding opportunity will support you in achieving that vision.

5. Budget and justification (2 pages):

The maximum grant award is \$7,500. A detailed budget is required along with a budget justification that describes how each item in the project budget relates to project activities. Funds may be used to support expenses that are directly related to research (eg, statistical support, translation services, equipment, participant reimbursement, and travel directly associated with conducting research). No more than 20% of the requested award amount may be used as stipends to support time or to present findings at an academic conference. No indirect costs are permitted for this award. The Society considers facilities and administrative costs (F&A) to be indirect costs, and these are prohibited from being budgeted as direct costs (including but not limited to: facilities costs, institutional insurance, IT or "network recharge fees"). Combining additional secured funds with requested funds for the proposed project is permissible, but additional funds must be named clearly in the budget, if applicable.

6. Curriculum vitae or resume of applicant (10 pages maximum)



Required formatting

Please use a font size that is at least 11 points and 1.5 line spacing. Upload all materials as a single PDF file. All proposals must be submitted electronically through the [online application portal](#).

Submission deadline

The deadline for proposals is **March 2, 2026 at 8:59 pm PT/11:59 pm ET**. Awards will be announced in April and funds will be available for immediate use with proof of IRB approval or exemption.

Questions

The Society welcomes the opportunity to clarify or assist with any application components. Please contact Grants@SocietyFP.org.

Resources

The Society's [Research Practice Supports](#), which provide concrete and actionable recommendations to family planning researchers around challenging areas of research practice, are available as resources for applicants developing their proposals. Applicants are encouraged to review them if relevant to their topic or study design.

This funding opportunity is made possible with the generous support of Dr. Uta Landy and the many donors of the [Uta Landy Fund for Complex Family Planning](#).