





# letter from the executive director and president

Dear colleagues,

On behalf of the Board of Directors and staff, we are delighted to send you the 2013 annual report for the Society of Family Planning (SFP) and the SFP Research Fund.

Funding research in family planning is the SFP Research Fund's core mission, and in 2013, we issued our seventh annual competitive request for proposals. More than \$1.5 million was allocated for large and small research grants and career development awards. On pages 3–5, read about these projects and the PIs who are poised to contribute much-needed literature to the field. Also in 2013, the sites involved in the multi-site study on cervical preparation prior to dilatation and evacuation were extraordinarily busy recruiting patients to meet the goal of enrolling a total of 300 women. We look forward to late 2014 when the results of this, our first multi-center study will be available. The Research Fund also continued to manage the allocation of grant funds and contracts for the Fellowship in Family Planning research projects, totaling approximately \$1.3 million.

In October 2013, we convened SFP's eighth annual meeting, the 2013 North American Forum on Family Planning, which we co-produced with colleagues at Planned Parenthood Federation of America. Part of SFP's role in the meeting's management is to provide leadership, volunteers, and staff support for the scientific abstracts program. In 2013, there were 20 oral presentations and 123 posters accepted for the conference and published in our official journal, *Contraception*. In addition, SFP sponsored a career development seminar on applying for grants and publishing manuscripts, designed specifically for SFP junior fellows. We also held our annual fellowship business meeting, where 2012 grantees presented their results, and the annual SFP awards presentations and luncheon (*see pages 7–10*).



*Susan Higginbotham, SFP executive director, and Carolyn Westhoff, SFP president.*



# letter from the executive director and president

Our membership continues to grow and attract researchers from numerous disciplines. We experienced an increase from 363 fellows in 2012 to 461 by the end of 2013. These included 178 full fellows, 257 junior fellows, 5 candidate fellows, and 21 affiliate fellows, a new membership category added by the board of directors in 2013. SFP fellows include obstetrician/gynecologists, internal medicine and family medicine specialists, and pediatric/adolescent medicine physicians. SFP also benefits from members who are PhD researchers representing disciplines that include nursing, demography, sociology, epidemiology, and other social science fields.

Finally, we want to sincerely thank Melissa Gilliam, who completed her two-year term as Board President in October, for her leadership and commitment to SFP. Indeed, we're grateful to all of our fellows and colleagues who volunteered in 2013 to help advance SFP and the SFP Research Fund's missions. We're especially appreciative of the grant and scientific abstract reviewers, clinical guideline authors, and board and committee members. Many thanks also to all of our colleagues involved in family planning research, training, public policy, and clinical care. We look forward to another productive year in 2014.

Warmly,



Susan Higginbotham, M.Ed  
Executive Director



Carolyn Westhoff, MD, MSc  
President, Board of Directors

*“I am grateful that SFP is bold in funding innovative work that challenges existing abortion practice and laws. SFP support has impacted my career immeasurably and allowed me to examine expanded access to medication abortion for Nepali women through pharmacies.”*

—Corinne Rocca, PhD, MPH

# 2013 research grants

The SFP Research Fund's grant program is intended to generate knowledge in the field of family planning through scientific research and strengthen family planning policies, services and programs. Proposals cover a wide range of research areas—from improvements in underlying conceptual or biomedical knowledge that advance fundamental understanding in the field of family planning, to knowledge of improved programs or policies that will provide family planning more safely, effectively, efficiently, and to wider groups of people in need.



*Dr. Corinne Rocca, recipient of a large research grant, presenting her research on expanding access to medication abortion in Nepal*

## **LARGE GRANTS—\$120,000 MAXIMUM AWARD**

**Kari Braaten, Planned Parenthood League of Massachusetts—\$119,318**

Use of an algorithm to determine IV sedation dosing during first-trimester surgical abortion

**Ila Dayananda, Planned Parenthood of New York City, Inc.—\$120,000**

Laminaria compared to Dilapan-S for cervical preparation

**Diana Foster, University of California, San Francisco—\$119,946**

The Turnaway Study

**Lisa Harris, University of Michigan—\$47,315**

Doctors as messengers: Mobilizing physicians across all medical specialties to respond to state level abortion restrictions

**Jon Hennebold, Oregon National Primate Center/Oregon Health & Science University—\$46,949**

Extending the interval of action and effectiveness of the emergency contraceptive ulipristal acetate

**Joseph Potter, University of Texas at Austin—\$120,000**

Demand for postpartum contraception in Texas

**Corinne Rocca, University of California, San Francisco—\$120,000**

Expanding access to medication abortion through pharmacies in Nepal

*(Continued on next page)*

Kristen Shellenberg, Ipas—\$120,000

Bringing medical abortion closer to women: Accuracy of women's dating of gestational age using the Gestational Wheel in Ghana

Janet Turan, University of Alabama at Birmingham—\$114,272

Exploring the role of reproductive stigmas in pregnancy decision-making in Alabama

David Turok, University of Utah—\$119,998

Early versus delayed postpartum insertion of the levonorgestrel IUD and impact on breastfeeding: A randomized controlled non-inferiority trial

## **SMALL/PILOT GRANT—\$15,000 MAXIMUM AWARD**

Abigail Aiken, University of Texas at Austin—\$14,955

Demographic diversity in the measurement and meaning of unintended pregnancy

Shannon Carr, University of New Mexico—\$15,000

Nitrous oxide for pain management of intrauterine device insertion in nulliparous women

Lauren Chernick, Columbia University—\$14,985

The Texting 2 Initiate (T2I) Study: A pilot randomized controlled trial using text messaging from the pediatric emergency department to increase contraception initiation among adolescent females at high pregnancy risk

Anu Gomez, San Francisco State University—\$15,000

Abortion and mental health during the transition to adulthood

Britt Lunde, Icahn School of Medicine at Mount Sinai—\$15,000

Reasons for early discontinuation of the contraceptive implant in adolescents: A qualitative study

Rebecca Mercier, University of North Carolina, Chapel Hill—\$15,000

The effect of Women's Right to Know Law on abortion providers in North Carolina

*“The data obtained  
as a consequence  
of SFP support  
will allow us to  
pursue strategies  
that reduce the  
risk of unintended  
pregnancies by  
developing the means  
to limit ulipristal  
acetate failure.”*

*—Jon Hennebold, PhD*

# 2012 career development grants



*2013 SFP Research Fund Junior  
Investigator Award recipient  
Julia Steinberg, PhD*

The SFP Research Fund recognizes the importance of supporting researchers throughout their careers. These career development grants are designed to provide research support and protected time for junior investigators and mentors; and offer medical students, residents and graduate-level students a chance to gain hands-on experience. In 2013, the SFP Research Fund provided nearly \$400,000 in three junior investigator awards and eight trainee/student awards.

## **CAREER DEVELOPMENT: JUNIOR INVESTIGATOR AWARD**

**Caitlin Gerdts, University of California, San Francisco—\$118,111**

Mobile health applications for improving access to and information about safe abortion

**Julia Steinberg, The Regents of the University of California, San Francisco—\$129,980**

Novel research in abortion and mental health

**Kari White, University of Alabama at Birmingham—\$107,694**

Access to abortion care in the Deep South

## **CAREER DEVELOPMENT: TRAINEE/STUDENT AWARD**

**Benjamin Brown, The University of Chicago—\$5,000**

Prevalence of shared negative contraception experiences and their impact on counseling about long-acting reversible contraceptives

**Holly Bullock, University of Hawaii—\$4,851**

Pharmacy access to ulipristal in Hawaii: Is a valid prescription enough?

*(Continued on next page)*

# 2012 career development grants

Jessica Chavez, The New School for Social Research—\$3,300

Understanding abortion and mental health using existing frameworks in psychology:  
Seeking new directions in research and clinical practice

Nechama Greenwood, Boston University School of Medicine, Department of Family  
Medicine—\$4,965

Access to reproductive options for women with intellectual disabilities

Elizabeth Janiak, Harvard School of Public Health—\$4,060

Needs assessment for the development of an intervention to promote LARC provision in  
primary care

Alison Kalinowski, University of North Carolina, Department of Obstetrics and  
Gynecology—\$5,000

Pregnancy outcomes after levonorgestrel-releasing intrauterine system failure

Heidi Moseson Lidow, University of California, San Francisco—\$4,995

The list experiment: Piloting a new method for measuring abortion in Liberia

Madeline McBride, University of Colorado Denver—\$5,000

Does concomitant use of combined oral hormonal steroids stop bleeding in women using  
etonogestrel implants (Implanon/Nexplanon®)?: A randomized controlled study

*“Receipt of my SFP  
career development  
award on access to  
abortion services  
in the Deep South  
has accelerated my  
career both as a  
tenured professor and  
as an independent  
investigator and has  
facilitated my ability  
to secure external  
funding to continue  
my research.”*

*—Kari White, PhD*



# 2013 Annual Meeting

SFP'S ANNUAL MEETING was held—as it has been for the past three years—in association with the new *North American Forum on Family Planning*, which SFP co-sponsors with Planned Parenthood Federation of America. With nearly 650 attendees (almost 100 more than last year) and strong science and educational content, we think that this year's *Forum* was another resounding success. The Twitter feed that ran throughout the conference and the attendee evaluations agreed with that assessment.

The meeting, held in Seattle, began with the pre-conference SFP Career Development Seminar and annual business meeting. The topics of the Career Development Seminar were “*Making the Most of SFP Research Fund Grants*” with Susan Higginbotham, Tina Raine-Bennett, and Gillian Dean; and “*Reviewing and Publishing Journal Articles*,” with James Trussell, Tracy Weitz, and Carolyn Westhoff.

The SFP Business meeting featured brief presentations by the 2011 grantees and covered a wide range of research areas—from pain control in first-trimester medical abortion to emergency contraception in Tunisia. The presentations also included the four career development awards from 2011. Recipients of the junior investigator grants presented their work, one on building a career in abortion research and one on safe and unsafe abortion practices in Nepal. The mid-career mentor awardees each presented as well, the first on mentoring recently graduated family planning fellows transitioning to independent investigators and the second on a multi-disciplinary group of trainees interested in providing family planning.



*SFP Fellows Drs. Emily Godfrey, Rachel Perry (Junior Fellow), Julie Chor, and Beverly Winikoff in discussion following SFP's 2013 Career Development Seminar.*



**SCIENTIFIC ABSTRACTS REVIEW:** One of SFP's roles in producing the annual meeting is to manage the scientific abstracts. We rely significantly upon the strength of our volunteer fellows as reviewers. Twenty abstracts were selected for oral presentations. Another 123 were presented as posters.

The winner of the Outstanding Researcher Award was SFP Junior Fellow Ushma Upadhyay, PhD, MPH, for her abstract *"Prevalence of abortion complications and incidence of emergency room visits among 55,000 abortions covered by the California Medi-Cal Program."* Two Outstanding Researcher in Training Awards

were presented: one to SFP Junior Fellow Maureen Baldwin, MD, MPH, for her abstract *"Initial management of undesired pregnancy of unknown location: A decision analytic model";* and one to SFP junior fellow Elisabeth Woodhams, MD, for her abstract *"Understanding African-American adolescent males' perceived responsibility for pregnancy prevention: A focus group study."*



Awards were also given for the top scientific posters. First place went to Sonya Borrero for *"The public cost of unfulfilled sterilization requests."* Second place went to Aileen Garipey for *"Probability of pregnancy after sterilization: A comparison of hysteroscopic versus laparoscopic sterilization."* Third place went to Tibebu Alemayehu for *"An evaluation of post-abortion contraceptive uptake following a youth-friendly service intervention in Ethiopia."*

*Photos, top to bottom: Ushma Upadhyay, PhD, MPH; Maureen Baldwin, MD, MPH; and (left to right) Tibebu Alemayehu, Sonya Borrero and Aileen Garipey. Elisabeth Woodhams, MD, recipient of one of the two Outstanding Research in Training Awards, is not shown.*



*Dr. Paul Blumenthal, Dr. Carole Joffe, and Dr. Robert Hatcher*

the Bixby Center for Global Reproductive Health in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of California, San Francisco, and professor emerita of sociology at the University of California, Davis. Dr. Joffe recently released her fifth book, *Reproduction and Society: Interdisciplinary Readings*.

Dr. Paul Blumenthal received the Allan Rosenfield Award for Lifetime Contributions to International Family Planning. Dr. Blumenthal directs the Stanford Gynecology Service, Stanford's Division of Family Planning Services and Research, and the Stanford Program for International Reproductive Education and Services (SPIRES), an initiative providing technical assistance and training to family planning programs in a wide variety of countries across Africa, Asia, and Central America.

All three awardees gave inspiring talks reflecting on changes in abortion provision and family planning over the course of their careers.

**AWARDS:** As in the past, one of the highlights of the meeting was the SFP Awards Luncheon. This year, we introduced a new award—the Robert A. Hatcher Family Planning Mentor Award—in recognition of the extraordinary role in educating and mentoring family planning health providers and researchers played by the first awardee, Dr. Robert A. Hatcher. Dr. Hatcher is the originator of both the *Contraceptive Technology* reference book and the *Contraceptive Technology* conferences.

Dr. Carole Joffe received SFP's 2013 Lifetime Achievement Award. Dr. Joffe is a professor at

# Clinical guidelines published in 2013

**SFP CLINICAL GUIDELINES** are prepared by the individual members of SFP and are reviewed, modified, and approved by the SFP Board of Directors. The Clinical Guidelines reflect a thorough review of published literature and emerging clinical and scientific advances as of the date issued, and are subject to change. The Clinical Guidelines provide treatment recommendations and should not be construed as prescribing exclusive courses of treatment or procedures relating to any clinical matter. All guidelines are posted on the SFP website after they have been published in our peer-reviewed journal, *Contraception*, an international reproductive health journal.

Twelve Clinical Guidelines had been published through the end of 2013. The last four of those, published in 2012 and 2013, included:

**Cervical preparation for second-trimester surgical abortion prior to 20 weeks' gestation**  
*Contraception* 89(2)2014, pp. 75-84. Guideline #2013-4 (*This document revises and replaces the previous version, originally published in #2007-2*)

**Interruption of nonviable pregnancies of 24-28 weeks' gestation using medical methods**  
*Contraception* 88:3(2013), pp. 341-349. Guideline #2013-3

**Surgical abortion prior to 7 weeks of gestation**  
*Contraception* 88:1(2013), pp. 7-17. Guideline #2013-2

**Management of postabortion hemorrhage**  
*Contraception* 87: 3(2013), pp. 331-342. Guideline #2013-1

*“A well-crafted guideline promotes quality by reducing health-care variations, improving diagnostic accuracy, promoting effective therapy, and discouraging ineffective—or potentially harmful—interventions.”*

Ornstein S, Nietert PJ, Jenkins RG, Wessell AM, Nemeth LS, Rose HL. Improving the translation of research into primary care practice: results of a national quality improvement demonstration project. *Jt Comm J Qual Patient Saf* 2008;34:379-90.



# *SFP fellowship demographics and growth in 2013*

**F**ROM SFP'S INCEPTION IN 2005, until the end of calendar year 2013, we accepted 461 Fellows. Membership in SFP is open to any qualified individual in the United States or abroad who is in good professional standing and has an interest in family planning demonstrated through post-doctoral training, a substantial clinical or laboratory practice, or academic presentations and publications within this field. This includes persons who perform clinical, basic science, epidemiologic, social science, demographic, statistical, or related types of studies. The essential criterion for selection is continuing identification with the field of family planning.



Although the SFP founding members were the directors of the fellowships in family planning, and thus primarily obstetrician/gynecologists, we continue to become more inclusive as an academic society by recruiting and accepting physician researchers who are trained in internal medicine, family medicine, pediatrics/adolescent medicine, and public health. We also have a growing and active constituency of PhDs, including social scientists, epidemiologists, demographers, and nurse researchers.

In 2013, 30 Junior Fellows became Full Fellows, having met the eligibility requirements. We also launched a new membership category of Affiliate Fellowship, to include individuals no longer eligible for Junior Fellowship but not meeting the publication requirements for Full Fellowship. Affiliate Fellows may qualify for Full Fellowship once they meet the publication and presentation requirements.

As SFP continues to recruit and accept researchers from varying disciplines and backgrounds, we strive to create a diverse and collaborative environment for all those dedicated to a career in family planning research.



# 2013 audited financials (December 31, 2013)

## STATEMENT OF FINANCIAL POSITION (SFP & SFP Research Fund consolidated)

### ASSETS:

Cash and cash equivalents:	
Checking, savings, & money markets.....	\$777,808
Cash reserve certificate.....	1,364,700
<i>Total cash and cash equivalents</i> .....	2,142,508
Prepaid expenses .....	4,616
<i>Total current assets</i> .....	2,147,124
 Furniture and equipment, net .....	2,700
<i>Total assets</i> .....	\$2,148,809

### LIABILITIES

Accounts payable and	
accrued expenses .....	\$31,204
Grants payable .....	346,904
<i>Total liabilities</i> .....	378,108

### NET ASSETS

Unrestricted .....	\$38,829
Temporarily restricted.....	<u>1,731,872</u>
<i>Total net assets</i> .....	<u>1,770,701</u>
<i>Total liabilities and net assets</i> .....	\$2,148,809

*“Receiving an SFP grant allowed me to undertake my first qualitative research project as a multidisciplinary collaboration within my institution. The funding allowed for a better project design and larger team, and permitted me to gather more and better quality data from state abortion providers. My hope is that our data and work will give voice to abortion providers and patients, and provide support to efforts to improve access to reproductive health services.”*

*—Rebecca Mercier, MD, MPH*

**STATEMENT OF FUNCTIONAL EXPENSES** (SFP & SFP Research Fund consolidated)

	<b>PROGRAMS AND SERVICES</b>	<b>GENERAL AND ADMINISTRATIVE</b>	<b>TOTAL</b>
Awards and grants:			
Research .....	\$1,137,738	\$ —	\$1,137,738
Career development .....	392,956	—	392,956
Multi-site research projects .....	404,232	—	404,232
Fellowships .....	1,397,684	—	1,397,684
<i>Total awards and grants</i> .....	\$3,332,610	—	\$3,332,610
Personnel costs:			
Salaries and wages .....	\$ 247,590	\$ 43,692	\$ 291,282
Fringe benefits and retirement .....	36,397	6,423	42,820
Payroll taxes .....	19,629	3,464	23,093
<i>Total personnel costs</i> .....	\$ 303,616	\$ 53,579	\$ 357,195
Other expenses:			
Communications and website .....	\$ 22,739	\$ 4,013	\$ 26,752
Depreciation .....	863	152	1,015
Grants review honoraria .....	11,607	—	11,607
Information technology .....	10,599	1,871	12,470
Insurance .....	5,579	984	6,563
Journal and publications .....	14,719	—	14,719
Office expenses and printing .....	6,499	1,147	7,646
Outreach and exhibits .....	2,653	—	2,653
Professional fees .....	—	33,787	33,787
Rent, utilities, and parking .....	13,176	2,325	15,501
Travel, meetings, and conferences .....	29,429	5,193	34,622
<i>Total other expenses</i> .....	\$ 117,863	\$ 49,472	\$ 167,335
<i>Total expenses</i> .....	<b>\$3,754,089</b>	<b>\$103,051</b>	<b>\$3,857,140</b>

## **BOARD OF DIRECTORS**

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*Gynuity Health Projects*



*Top, from left to right: Carolyn Westhoff, SFP President; Eve Espey, President-Elect; Immediate Past President Melissa Gilliam. Bottom: At-large board member Lawrence Finer, Treasurer Stephanie Teal, and at-large board member Maureen Paul.*

## STAFF

Susan Higginbotham, MEd  
*Executive Director*

Marlo Polonsky, MPH  
*Grants Officer*

Sarom Sot  
*Administrative Coordinator*

Lauren Bruce, MPH  
*Program Coordinator*



*Left to right: Susan Higginbotham, SFP Executive Director; Marlo Polonsky, Grants Officer; Sarom Sot, Administrative Coordinator; Lauren Bruce, Program Coordinator.*

*“Because of the rapid but thorough peer review process for SFP Research Fund grants, important clinical questions in our field are more rapidly translated into evidence-based clinical practice... and translating hypotheses into care for people is why we do research. Thank you, SFP, for strengthening family planning research.”*

*—David Turok, MD, MPH*







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