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As Supreme Court Weighs Ban on an Abortion Medication, Telehealth Access Rises to 28%

New abortion data shows abortion care via telehealth is a cornerstone of US access

Denver, CO – Twenty-eight percent of abortions in December 2025 were provided through telehealth, according to the [Society of Family Planning’s preliminary #WeCount findings](#), released today. The findings make one thing unmistakably clear: abortion delivered via telehealth is a cornerstone of access in the United States.

The new #WeCount preliminary findings highlight data through the end of 2025. Abortion care through telehealth reached 28% of all abortions at the end of 2025, an increase from 25% found at the end of 2024.

These preliminary findings are released against the backdrop of the U.S. Supreme Court weighing whether to uphold a Fifth Circuit ruling to reinstate the in-person dispensing requirement for mifepristone, one of the safe and effective abortion regimens available via telehealth.

“Telehealth has become an essential way for people in every state to access abortion care,” said **Leah Koenig, PhD, MSPH, #WeCount Director, Society of Family Planning**. “Restricting access to mifepristone via telehealth would be yet another attack on abortion access that puts ideology over evidence.”

The Society of Family Planning launched the #WeCount effort to count abortions in April 2022, just before the *Dobbs v. Jackson Women’s Health Organization* decision overturned *Roe v. Wade* and unleashed abortion bans in multiple states. It is the only national monitoring effort that captures the proportion of abortion care delivered via telehealth.

Today’s preliminary findings show that:

- There were approximately 1.1 million abortions in 2025.
- An estimated 28% of all abortions occurred through telehealth by the end of 2025, with the rest occurring in in-person settings.

- In states without bans on abortion care or telehealth, telehealth accounted for up to 40% of all abortion care in 2025. New abortion data shows abortion care via telehealth is a cornerstone of US access.
- In states with total bans on abortion care, or bans on telehealth, telehealth made up 97-100% of all abortions in 2025.

The Society of Family Planning will release final #WeCount estimates and the full data set through December 2025 in June 2026.

Access the #WeCount preliminary findings [here](#).

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The Society of Family Planning is an academic society of more than 1,900 clinicians, scholars, and partners who are dedicated to just and equitable abortion and contraception informed by science. The Society of Family Planning's [#WeCount](#) effort is a national initiative that reports the monthly number of abortions in the US by state and month, starting in April 2022. #WeCount data include clinician-provided abortions, defined in this report as medication or procedural abortions completed by a licensed clinician within the U.S. in a clinic, private medical office, hospital, or virtual-only clinic. This report does not reflect any self-managed abortions, defined as any attempt to end a pregnancy without the involvement of a licensed US clinician.